



All Natural, Handcrafted Body & Home Care Products
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Nutrify Skin offers all natural, therapeutic body care products that are handmade in Amarillo, TX by RuthAnna Autry, Traditional Naturopath & Herbalist. Products are handcrafted with high quality, natural ingredients that are free from harmful chemicals & synthetic fragrances/dyes. Nutrify Skin aims to provide safe, effective products at a fair price, while encouraging the loving care and support of our largest organ, the skin. THANK YOU for supporting local and handmade!

Browse detailed product descriptions below, or scroll to the last page to see all products and prices at a glance.

Multi-Use Vapo-Rub - 13

{CUSTOMER FAVORITE}

This vapo-rub is versatile with many effective applications. It contains a relieving essential oil blend of menthol, camphor, eucalyptus, rosemary, & cajeput in a base of beeswax, coconut oil, and olive oil. This concentrated salve is great for congestion, itchy skin irritations (like bug bites), sore muscles, and more.

“Breathe Easy” Essential Oil Inhaler - 5

{CUSTOMER FAVORITE}

This inhaler contains blend of essentials oils that assist the opening of the airways, using the power of nature's invigorating aromas to help you breathe. The saturated wicks allow you to enjoy several congestion relieving breaths in each inhaler.

Rejuvenating Face Serum - 12

{TOP SELLER}

This face serum contains a blend of botanical seeds oils that provides penetrating nourishment and moisture, leaving your face silky and smooth without feeling weighed down or greasy. Because of this, it can be used to prime your face before make-up, at night before bed, or anytime your face feels dry. A little goes a long way - only 7-10 drops are needed per application. One bottle lasts approximately 3 months on average. For best results; exfoliate your face regularly with one of Nutrify Skin's clay masks or sugar scrub.

Exfoliating Lavender Sugar Scrub - 13

Proper exfoliating is a vital step for healthy, vibrant skin. This blend of sugar with nourishing butters helps removes dead skin, dirt, and debris while providing deep moisturization to the skin. Exfoliating your skin not only helps your skin look and feel better, but it is also a tremendous assistance to your body's elimination pathways. For best results, follow with one of Nutrify Skin's moisturizing lotions or body oils.

Lip Balm - 4

{CUSTOMER FAVORITE}

A nourishing combination of oils, butters, and beeswax that deeply moisturize and protect the skin on your lips with just the right buttery consistency. Choose from regular or peppermint.

Moisturizing Body/Hand Lotion - 14,15

{CUSTOMER FAVORITE}

This lotion contains a blend of butters and oils that deeply moisturizes and restores dry skin and can be used on the entire body. The unscented is great for sensitive skin.

Choose from unscented (14) or lavender (15).

Essential Oil Roll-Ons

Essential oils are powerful compounds extracted from plants, providing us with our most concentrated application of botanical medicine. Nutrify Skin's roll-ons contain custom blends of essential oils that come *pre-diluted* and ready to roll on with a stainless-steel roller ball applicator. Essential oils can support you on many levels of your being; physically, mentally, emotionally, and spiritually. Common application sites are the wrists, neck (front and back), the spine, the feet, or a localized site. Each blend below has its own unique application determined by the botanicals present. All can be used as an all-natural perfume/cologne.

Frankincense and Myrrh - 15

This blend of sacred frankincense and myrrh resin is an ancient blend of nature's most healing botanicals- soothing, restorative, and anti-inflammatory. This combination assists the skin in cellular regeneration and quickened healing, making it great to use on minor cuts, scars, skin spots, fine lines/wrinkles, and skin irritations. This blend is incredibly grounding, and can be used to center the heart and mind in meditation and prayer.

Wintermint Lavender - 11

{CUSTOMER FAVORITE}

This blend of lavender, wintergreen, and peppermint essential oils is cooling, relieving, and invigorating. This combination has been used for head/neck tension, muscle soreness, and nausea.

Healing Stillness - 13

This blend of lavender, frankincense, and roman chamomile helps to calm and center the body and mind. This roll-on is commonly used for skin irritations and to assist in relaxing the body before sleep or anytime you need some tranquility.

Linden Magnolia - 18

{CUSTOMER FAVORITE}

This roll on is a rare blend of nature's most delightful aromas; the essential oils from the linden and magnolia flowers. With a radiant and sweet aroma of floral nectar, this roll-on is a lovely natural perfume. Its therapeutic application calms the nervous system, assisting with stress and feelings of overwhelm. It is also a great hormone balancing blend for women.

All Purpose Household Cleaner - 8

This non-toxic, eco-friendly cleaning spray works great to clean your kitchen, bathroom, yoga mat, and most any surface (including granite). It is safe to use around children, pets, and yourself. With the essential oils of lemon, clove, cinnamon, eucalyptus, and rosemary - you will enjoy the natural clean smell, *free* of harmful chemicals and fragrances.

Rose Toning Spritz - 8

Soothe and tone your skin with this refreshing rose water spritz. This toning spritz can be used as part of a complete facial; spraying on after you cleanse and before you apply moisturizer. It can also be used anytime you would like to feel rejuvenated and refreshed with the beautiful rose aroma.

Aromatic Hair Tonic

Nutrify Skin's hair tonics contain a synergistic blend of essential oils suspended in one of nature's most healing liquids; aloe vera. Aloe vera nourishes and strengthens the hair follicles and moisturizes the hair and scalp. Each blend below has its own unique therapeutic application determined by the botanicals present. The hair is a wonderful diffuser, and is a great place to apply essential oils in order to enjoy their aroma. This hair tonic can be applied to wet or dry hair - see below for more specific application.

Rosemary Lavender Synergy – 14

{CUSTOMER FAVORITE}

A blend of six essential oils synergistically blended to assist with hair thickness, growth, dandruff, and itchy scalp by strengthening and deepening the follicle and aiding the lymphatic circulation in the head. This tonic is best applied directly to the scalp; therefore, it is often easiest to apply to wet hair. Pour a quarter size puddle in your palm, rub your hands together, and massage in to scalp. Rake hands through hair to distribute the rest. For best results, use 3-4 times weekly, or as often as you wash your hair.

Magnetic Citrus Synergy - 14

This uplifting blend makes for a lovely hair perfume. This hair tonic is perfect for when you need to “freshen up”. Pour a quarter size puddle in your palm, rub your hands together, and rake through wet or dry hair. Enjoy the aroma as it surrounds you throughout your day.

Clay Face Masks

{CUSTOMER FAVORITE}

Experience the spa at home with Nutrify Skin's detoxifying clay masks. These masks help draw impurities and excess oils from the skin, while also providing nutrients your skin needs. Each bag contains approximately 6 applications. Each blend below has its own unique therapeutic application determined by the botanicals present. Just add water or herbal tea! For best results, follow with Nutrify Skin's Rejuvenating Face Serum.

Frankincense & Myrrh - 7

Rhassoul clay with frankincense & myrrh helps restore and regenerate the skin.

Lavender - 6

French green clay with lavender buds and lavender essential oil soothes and calms.

Peppermint - 6

French green clay with peppermint leaves is cooling and invigorating.

French Green Clay - 5 for 2oz/15 of 8oz

This mineral rich, majestic healing clay is known for its drawing properties; absorbing excess oils and impurities from the skin. This concentrated clay is great for spot treatments for acne trouble spots.

Probiotic Deodorant - 14

This is an all-natural deodorant, free of the harmful chemicals most commercial deodorants contain, such as aluminum, parabens, and fragrances. It contains natural ingredients that help control odor and keep you dry, while honoring the body's natural elimination processes. Switching to a safe, all-natural deodorant greatly supports breast and lymphatic health.

Herb Infused Oils

Herbal infused oils are oils that contain the medicinal properties of a particular herb, which is achieved by extracting the herbal medicine into the oil. Nutrify Skin's infused oils are made using the "traditional folk method" of oil infusion, which involves allowing the herbs to mingle in the oil over several weeks, sometimes months, in the sunshine when possible. The mixture is shaken frequently throughout the infusion time. The herbs are then strained and pressed out from the oil, resulting in a powerfully medicinal herbal oil with many applications. A little goes a long way. These herbal oils are great to have in your medicine cabinet.

Calendula Oil - 17

Calendula is a beautiful golden flower. Its medicinal properties have an affinity for the skin, with topical applications that are excellent for burns, acne, bites, scars, cuts, scrapes, and inflammatory skin conditions (like eczema and dermatitis); helping soothe nearly any skin related ailment. Calendula is anti-inflammatory, anti-viral, anti-septic, and anti-microbial.

Comfrey Oil - 17

Comfrey {also known as "knit-bone"} holds unparalleled wound healing power. It is known for aiding the body in the healing of bruises, fractures, sprains, ulcers, burns, cuts, rashes, and many other wounds. Comfrey can accelerate the rate of cellular turnover and contains many minerals that aid the body in its regeneration process. Comfrey oil is great to apply on wounds that have closed, old scars, and applying to sprains, fractures, and bruises.

Sacred Seed Body Oil - 21

This luxurious blend of deeply moisturizing seed oils provides extreme nourishment to your skin, your largest organ. Seed oils are highly nutritious, full of vitamins, minerals, antioxidants, and omega fatty acids. In essence, they feed the skin and the body. Given that approximately 60% of what is put on the skin is absorbed into the bloodstream in less than one minute, applying highly nutritious oils to your body is an excellent way to reap the benefits of their healing properties. Cranberry seed, jojoba, and hempseed oil are some of the rich oils you will find in this blend, as well as a beautiful aroma from the essential oils of linden, magnolia, lavender, frankincense, and rosewood.

The ancient Ayurvedic practice of massaging oils into the body {called Abhyanga} provides deep rejuvenation to our largest organ while cultivating a sacred, self-care practice.

DISCLAIMER: INFORMATION INCLUDED IN THIS DOCUMENT IS EDUCATIONAL ONLY AND NOT INTENDED TO BE A SUBSTITUTE FOR MEDICAL ADVICE, DIAGNOSIS, OR TREATMENT. ALWAYS SEEK THE ADVICE OF A PHYSICIAN OR OTHER QUALIFIED HEALTH PROVIDER WITH ANY QUESTIONS YOU MAY HAVE REGARDING A MEDICAL CONDITION.



Sets/Facial Kits

{See above for individual product descriptions}

Relief Set - 28

{CUSTOMER FAVORITE}

This kit includes a multi-use vapo rub, breathe easy inhaler, and wintermint lavender roll on. Great for relief from headaches, sinus congestion, sore muscles and more.

Elderberry Syrup Kit - 30

This kit includes everything you need to make 16 ounces of your own elderberry syrup; herbs, raw honey, cheesecloth, and detailed instructions. All you need is distilled water!

Facial Rejuvenation - 18

{CUSTOMER FAVORITE}

Give yourself a wonderful, rejuvenating facial at home with this set that includes a frankincense and myrrh clay mask, rejuvenating face serum, and detailed instructions.

Facial Bliss - 24

Deep exfoliation meets deep moisture, this facial kit leaves your skin feeling beautifully resurfaced; smooth and silky. This set includes a lavender sugar scrub, rejuvenating face serum, and detailed instructions.

Serum & Cupping Set - 22

A great addition to your skincare routine, facial cupping uses a traditional Chinese medicine technique that provides many health & beauty benefits. This set comes with a rejuvenating face serum and 2 sizes of silicone facial cups. Facial cupping is performed after serum application, as the method used is called "cup gliding", in which you create a suction with the cup and glide along the skin. This technique reduces swelling and puffiness by increasing circulation and lymphatic drainage in the face. It also stimulates the production of collagen and elastin, and tightens & lightens the skin. Cupping makes your face look and feel rejuvenated and relaxed.

Choose from set (22) or just cups (11)

Ultimate Facial Kit - 60

{CUSTOMER FAVORITE}

Treat your face with this complete set of all of Nurify Skin's facial products. This kit includes rejuvenating face serum, lavender sugar scrub, clay mask, facial cupping set(2), rose toning spritz, frankincense and myrrh roll-on, and detailed instructions.



Price List

{See above for individual product descriptions}

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Peppermint - Clay Face Mask	6
French Green Clay - 2oz	5
French Green Clay - 8oz	15
Probiotic Deodorant	14
Calendula Oil	17
Comfrey Oil	17
Sacred Seed Body Oil	21
Relief Set	28
Elderberry Syrup Kit	30
Facial Rejuvenation	18
Facial Bliss	24
Serum & Cupping Set	22
Ultimate Facial Kit	60